

## THE LANDING FAQs

1. **What is The Landing?** It is the youth component of Celebrate Recovery. We use the same 8 Principles, 12 Steps and biblical foundation to provide a safe space to explore hurts, habits, and hang-ups. Our mission is to help students navigate life's challenges, grow, and receive healing through God's truth and supportive relationships.
2. **Who is The Landing designed for?** Students ages 12–17 years old. We welcome any student within this age range who is looking for support, encouragement, or a place to grow emotionally and spiritually.
3. **What issues or struggles does The Landing address?** Stress, anxiety, depression, family conflict, peer pressure, identity issues, trauma, substance concerns, unhealthy relationships, and more. Students don't need to have an "issue" to attend. The Landing is a place for every student to learn foundational biblical truths about God and themselves.
4. **Do students need to be part of TFH to attend?** No. Students don't need to be a member of TFH or attend another church. All are welcome.
5. **Is The Landing biblically based?** Yes. The program uses Scripture, Celebrate Recovery's Christ-centered 12 steps and 8 principles.

## MEETING DETAILS

1. **When and where does The Landing meet?** We meet every Monday 6:30PM to 8:30PM at TFH Vacaville in Building 'C'.
2. **What happens during a typical meeting?** A fun connection time with leaders, large-group teaching or testimony, interactive activities, small groups divided by gender, and fellowship time.
3. **Do students need to register?** No pre-registration needed. Join us any Monday throughout the year.
4. **Is there a cost to attend?** The Landing is free. Supplies are provided.

## **SAFETY & ENVIRONMENT**

1. **What safety measures are in place?** A safety team is present for the duration of each gathering. The Landing is held in a separate building from the adult Celebrate Recovery meeting.
2. **Are adult leaders background-checked and trained?** Yes.
3. **Is The Landing a confidential environment?** Yes. Confidentiality is honored unless a student expresses desire to harm themselves, harm someone else, or reports abuse, in which case we are mandated to report this information for safety reasons.
4. **Are boys and girls in mixed or separate groups?** Large-group sessions are mixed. Small groups are separated by gender.
5. **What if a student shares something concerning?** Leaders follow TFH Celebrate Recovery reporting policies and immediately take steps to ensure the student's safety.

## **PARENT/GUARDIAN QUESTIONS**

1. **Can parents attend with their student(s)?** No. The Landing is designed as a safe space for students and Landing Leaders. Parents may attend Celebrate Recovery in the Chapel, held on the same date and time as The Landing.
2. **Do parents need to attend Celebrate Recovery?** No, but it is encouraged for families to seek healing together.
3. **Will parents receive updates about what their child is learning?** We are happy to provide information on curriculum used, but student's personal sharing remains confidential.
4. **What if my child doesn't want to participate in sharing?** Students may observe at first. Participation typically grows over time as trust is built.
5. **Do you offer resources for parents?** Yes. Celebrate Recovery is a valuable resource for parents!

## **FAITH & TEACHING**

1. **What curriculum does The Landing use?** Celebrate Recovery's official Landing curriculum, rooted in biblical truth, the 8 principles and 12-step steps.
2. **Is it appropriate for students from different denominations?** Yes. The Landing is Christ-centered and suitable for any student interested in spiritual and emotional growth.
3. **What does The Landing teach about God and recovery?** That healing comes through a relationship with Jesus, honesty, community, and biblical truth.
4. **Does my student need to be a Christian?** No. Any student may attend.

## **RECOVERY & PARTICIPATION**

1. **Do students work through the 12 steps?** Yes, in age-appropriate and interactive ways.
2. **How do small groups work?** Students meet in safe, gender-specific groups led by trained leaders.
3. **What if my student has a specific struggle?** We do not offer issue-specific groups like adult Celebrate Recovery. Groups are general and gender-specific only.
4. **How long does the program take?** The full curriculum is taught over the course of one year but students can join at any time.
5. **Can students return yearly?** Yes. Many attend for multiple years.
6. **Can I refer a student even if I'm not the parent?** Yes, but parents/guardians must approve involvement and sign a consent form.

## **ADDITIONAL QUESTIONS or to SUPPORT OUR MINISTRY**

Contact us at [CRLanding@tfh.org](mailto:CRLanding@tfh.org)