



SPIRIT | SOUL | MIND | BODY

## **The Flourishing Soul**

### **FLOURISH, Part 2**

Sermon Small Group Questions

Speaker: Pastor Dave Patterson

## **flour-ish [flur-ish -]**

To thrive; to be successful; prosper; To be in one's prime; To exceed and have in abundance :

### MESSAGE

[Jeremiah 17.7-8 NLT]

*“Blessed are those who trust in the LORD and have made the LORD their hope and confidence. They are like trees **planted** along a riverbank, with **roots that reach deep into the water**. Such trees are not bothered by the heat or worried by long months of drought. Their leaves stay green, and they never stop producing fruit.*

[1 Thessalonians 5.23]

*Now may the God of peace make you holy in every way, and may your whole **spirit** and **soul** and **body** be kept blameless until our Lord Jesus Christ comes again.*

***You are an eternal spirit that has a soul that lives in a body.***

### Definition:

**The soul** - *the seat of the emotions, feelings, desires, affections & aversions, the core of who we are, the center and essence of our being*

[1 John 4.18]

*There is no fear in love; but perfect love casts out fear, because fear involves torment.*

[Psalm 34.3-4, NIV]

*Glorify the LORD with me; let us exalt his name together.*

*I sought the LORD, and he answered me; he **delivered me from all my fears.***

### **How to Eliminate Soul Toxins:**

- 1. Fighting the Fearful Soul: Pray it out! (intense, consistent vocal activity)**
- 2. Beating the Bitter Soul: Dig it up and apply forgiveness. (deal with the roots)**

[Ephesians 4.31-32]

<sup>31</sup> **Get rid of all bitterness**, rage, anger, harsh words, and slander, as well as all types of evil behavior. <sup>32</sup> *Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.*

[Hebrews 12.15, NLT]

*Look after each other so that none of you fails to receive the grace of God. Watch out that no poisonous root of bitterness grows up to trouble you, corrupting many.*

- 3. Conquering the Condemned Soul: Have Jesus' perspective of you and His words over you.**

***Take inventory. Take action!***

## **DISCUSSION QUESTIONS**

- 1. How is the quality of the water that is flowing into your soul? Do you need to make changes in the source?**
- 2. What are some life events that have left emotional scars that still remain today?**
- 3. What is an area where you recognize you still need some healing?**
- 4. How does releasing people or things change your spiritual atmosphere? How can prayer affect this first?**
- 5. What would you like flow out of you in this next season?**