



**Return To The Real You**  
Sermon Small Group Questions  
Speaker: Pastor Tim Nalley

USING THIS SERMON DISCUSSION GUIDE

- This Sermon Discussion Guide is only a tool to aid you in meeting the needs of your group. For most groups, there are too many questions to answer in one session together. After considering the needs of your group, you may choose one of the following options:
  1. one section of questions
  2. one or two questions from each section
- Feel free to adapt the format to meet the needs of your group. If your group is mature and wants to dig deeper, add Scripture and ask suitable questions. Remember that this is only a guide.
- Personal application is key to everyone's growth and should be included in every discussion. When asked how he or she intends to apply a certain principle a group member may say, "I need to spend more time in the Bible and in prayer." It is important for you to help group members make applications that are more specific and commit to a specific plan of action by asking, for example, "How are you going to begin?" An example is to get up 30 minutes earlier each morning, spending 15 minutes reading the Bible and 10 minutes in prayer. Encourage each group member to be accountable to the group for personal progress at the next meeting.
- As the leader your goal is to help bring the group into a stimulating discussion that helps the members recognize their need for personal life change. Ultimately you want them to be willing to commit to change with accountability to the group. Accountability helps us to persevere in our commitments and achieve the blessings of success.

INTRODUCTION

All of us will face battles in our lives, there is no escaping that, but is there an edge, is there anything we can do to better prepare ourselves for this life's storms? I believe having a revelation of who *we* are is the first step to victory in this life. The first battle that must be won is the battle over our identity.

MESSAGE

**Return To the Real You**

Today we will be looking at one of the most epic battles ever fought in the Bible, the story of David and Goliath.

[1 Samuel 17:4-11&16]

*<sup>4</sup> And there went out a champion out of the camp of the Philistines, named Goliath, of Gath, whose height was six cubits and a span. <sup>5</sup> And he had an helmet of brass upon his head, and he was armed with a coat of mail; and the weight of the coat was five thousand shekels of brass. <sup>6</sup> And he had greaves of brass upon his legs, and a target of brass between his shoulders. <sup>7</sup> And the staff of his spear was like a weaver's beam; and his spear's head weighed six hundred shekels of iron: and one bearing a shield went before him. <sup>8</sup> And he stood and cried unto the armies of Israel, and said unto them, Why are ye come out to set your battle in array? **am not I a Philistine, and ye servants to Saul?** choose you a man for you, and let him come down to me. <sup>9</sup> If he be able to fight with me, and to kill me, then will we be your servants: but if I prevail against him, and kill him, then shall ye be our servants, and serve us. <sup>10</sup> And the Philistine said, I defy the armies of Israel this day; give me a man, that we may fight together. <sup>11</sup> When Saul and all Israel heard those words of the Philistine, they were dismayed, and greatly afraid. <sup>16</sup> And the Philistine drew near morning and evening, and presented himself forty days.*

### **There is more to the real me than what you see.**

The enemy will shrink Gods definition of you to its lowest common denominator. The Armies of Israel were servants of Saul, but they were so much more. The enemy wants to keep us reduced to the simplest definition of who we are. We are more than just stay at home mothers or business men or musicians, yes those are accurate definitions but through the eyes of God we are stay at home mothers who raise their children to be mighty men and women of God, secure in their calling and destiny. Let's not be confined to the lowest common denominator of who we are in Christ.

[1 Samuel 17: 20-21]

*<sup>20</sup> And David rose up early in the morning, and left the sheep with a keeper, and took, and went, as Jesse had commanded him; and he came to the trench, as the host was going forth to the fight, **and shouted for the battle.** <sup>21</sup> For Israel and the Philistines had put the battle in array, army against army.*

### **The real me can establish Gods authority.**

For forty days they charged with shouts of triumph and then cringed in fear as they came face to face with their enemy. So many time we come to the weekend service and join in the songs and lift up a shout of praise but what is our stance during the week when the battles of life reveal themselves? When you return to the real you your response will be even a greater outpouring of praise to God. God builds His throne in the midst of our praise, as we exalt His name and magnify Him in the midst of our battle

his throne is built or, His authority is established and the enemy we are facing must bow to His authority.

[1 Samuel 17: 25-26]

*<sup>25</sup> And the men of Israel said, Have ye seen this man that is come up? surely to defy Israel is he come up: and it shall be, that the man who killeth him, the king will enrich him with great riches, and will give him his daughter, and make his father's house free in Israel. <sup>26</sup> And David spake to the men that stood by him, saying, What shall be done to the man that killeth this Philistine, and taketh away the reproach from Israel? **for who is this uncircumcised Philistine, that he should defy the armies of the living God?***

### **The real me can't lose.**

Those who are in covenant with God have all access to His power. He is Elshaddai, the "all powerful" one, the "all sufficient one", the "more than enough" God. You are in alliance with a God who can't lose there for you can't lose. The outcome may not be what you expected but the "More Than Enough" God is setting you up for victory. The Real You understands this.

[1 Samuel 17: 38-39]

*<sup>38</sup> And Saul armed David with his armor, and he put an helmet of brass upon his head; also he armed him with a coat of mail. <sup>39</sup> And David girded his sword upon his armour, and he assayed to go; for he had not proved it. And David said unto Saul, I cannot go with these; for I have not proved them. And David put them off him.*

### **The real me is fully equipped!**

The victory to your battle does not lie within someone else's gifting or what you have seen others do. You have been crafted by God to fulfill a destiny uniquely designed for you and He has given you the tools necessary to overcome. Don't get caught up in wishing you had someone else's talents or abilities, the All Sufficient one is on your side and in Him you will find all that you need.

[Philippians 1:6]

*Being confident of this very thing, that he which hath begun a good work in you will perform it until the day of Jesus Christ*

[1 Samuel 17: 40-47]

*<sup>40</sup> And he took his staff in his hand, and chose him five smooth stones out of the brook, and put them in a shepherd's bag which he had, even in a scrip; and his sling was in his hand: and he drew near to the Philistine. <sup>41</sup> And the Philistine came on and drew near unto David; and the man that bare the shield went before him. <sup>42</sup> And when the Philistine looked about, and saw David, he disdained him: for he was but a youth, and ruddy, and of a fair countenance. <sup>43</sup> And the Philistine said unto David, Am I a dog, that thou comest to me with staves? And the Philistine cursed David by his gods. <sup>44</sup> And*

*the Philistine said to David, Come to me, and I will give thy flesh unto the fowls of the air, and to the beasts of the field. <sup>45</sup> Then said David to the Philistine, Thou comest to me with a sword, and with a spear, and with a shield: but I come to thee in the name of the LORD of hosts, the God of the armies of Israel, whom thou hast defied. <sup>46</sup> This day will the LORD deliver thee into mine hand; and I will smite thee, and take thine head from thee; and I will give the carcasses of the host of the Philistines this day unto the fowls of the air, and to the wild beasts of the earth; that all the earth may know that there is a God in Israel. <sup>47</sup> And all this assembly shall know that the LORD saveth not with sword and spear: **for the battle is the LORD'S, and he will give you into our hands.***

The battle you are fighting will yield more than just a victory in your life. Because you have taken your position as one who has identified with God's definition of you, your children will never meet your giant on the battle field. The victories you experience will last through the next generation.

[1 Samuel 17: 48-51]

*• <sup>48</sup> And it came to pass, when the Philistine arose, and came and drew nigh to meet David, that David hasted, and ran toward the army to meet the Philistine. <sup>49</sup> And David put his hand in his bag, and took thence a stone, and slang it, and smote the Philistine in his forehead, that the stone sunk into his forehead; and he fell upon his face to the earth. <sup>50</sup> So David prevailed over the Philistine with a sling and with a stone, and smote the Philistine, and slew him; but there was no sword in the hand of David. <sup>51</sup> Therefore David ran, **and stood upon the Philistine, and took his sword, and drew it out of the sheath thereof, and slew him, and cut off his head therewith.** And when the Philistines saw their champion was dead, they fled.*

The weapons forged by the enemy, for your destruction, will be the very weapon you will use to defeat the enemy and deliver yourself, your family and those who struggle in the same battle.

[Isaiah 54:17]

*No weapon that is formed against thee shall prosper; and every tongue that shall rise against thee in judgment thou shalt condemn. This is the heritage of the servants of the Lord, and their righteousness is of me, saith the Lord.*

[Romans 8:28]

*And we know that in all things God works for the good of those who love him, who have been called according to his purpose.*

## **DISCUSSION QUESTIONS**

- 1. What are some battles you are in now or have been in?**
- 2. What is the simplest definition of you and what is the greater definition of you through Gods eyes?**
- 3. How have you been doing when it comes to exalting God even in the middle of your struggles? Do you ask "Why God?" or do you proclaim, "My God!"?**
- 4. How hard is it for you to live in the revelation that God never loses and in allegiance with Him you will not lose? How do you reconcile the out come of a fight with this statement?**
- 5. Do you ever look around at others and think, "If I had half of what they have I could win this thing?" Why is it so difficult to believe we are fully equipped to accomplish what ever may come our way?**
- 6. What enemies are you declaring victory over for your family?**
- 7. Pray that God will let us see ourselves through His eyes and that we will understand the truth of living in covenant with an all powerful God.**